

Here are questions to reflect upon as you prepare:

1. How well do you understand your own prevailing habits and essential values and those of your future spouse? Can you name them? Have you discussed this already?
2. What is it that you want from each other and what is it that you are willing to give to each other? (Be specific: security, financial, family, sexual compatibility, religious practices, etc.)
3. Describe your own personal spiritual beliefs and attitudes and how they play or will play a role in your marriage?
4. How will you maintain balance between the stresses of work, family considerations, your own relationship, friends, recreation, and health?
5. Are you ready for the “long haul” of a lifetime commitment to each other despite all setbacks and human imperfections?
6. Do you tell each other frequently how much you appreciate one another and respect each other as unique human beings? Do you also communicate non-verbally in effective and caring ways? Examples...
7. Finish this sentence: “I love you because...”